

Pre-Hospital Transfusion

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Faculty Disclosure

*In compliance with CPD policy,
Temerty Faculty of Medicine
requires the following disclosures
to the session audience*

- This program has received no financial external support
- I have no conflicts of interest
- I take full responsibility for my own views and opinions and am more than happy to debate them further over a beer...



Objectives

- Where have we come from?
 - Where are we now?
- Is where we are actually any good?
- Where should we heading next?
 - How do we get there?



Objectives







Advanced Trauma Life Support® for Doctors

ATLS®

American College of Surgeons
Committee on Trauma

Student Course Manual

1997



O'Reilly, D.J., Morrison, J.J., Jansen, J.O., Apodaca, A.N., Rasmussen, T.E. and Midwinter, M.J., 2014. Prehospital blood transfusion in the en route management of severe combat trauma: a matched cohort study. *Journal of Trauma and Acute Care Surgery*, 77(3), pp.S114-S120.



Air ambulance first in UK to carry blood

By Neil Bowdler
Health reporter, BBC News

🕒 7 March 2012 | **Health**

London's Air Ambulance is carrying blood supplies from Tuesday - the first such service in the UK to do so.

The innovation has been made possible due to a new refrigeration unit used by the British and American military.

It will allow blood transfusions to be administered on the scene of accidents, rather than later in hospitals.

London's Air Ambulance believes hundreds of lives could be saved, and regional services are looking to follow suit.




Effect of Prehospital Red Blood Cell Transfusion on Mortality and Time of Death in Civilian Trauma Patients

Rehn, Marius^{*,†,‡}; Weaver, Anne^{*,§}; Brohi, Karim^{§,||}; Eshelby, Sarah^{*}; Green, Laura^{§,||,¶}; Røislien, Jo^{†,‡}; Lockey, David J.^{*,‡,§,||}

Conclusions:

phRTx was associated with increased survival to hospital, but not overall survival. The “delay death” effect of phRTx carries an impetus to further develop in-hospital strategies to improve survival in severely bleeding patients.





Blood is for bleeding
Saltwater is for cooking pasta
P. Spinella 2017





Andrew D. Fisher @FisherAD1 · 13 Dec 2020

...

I'm still on a crusade to eliminate [#pastawater](#) resuscitation in hemorrhagic shock.

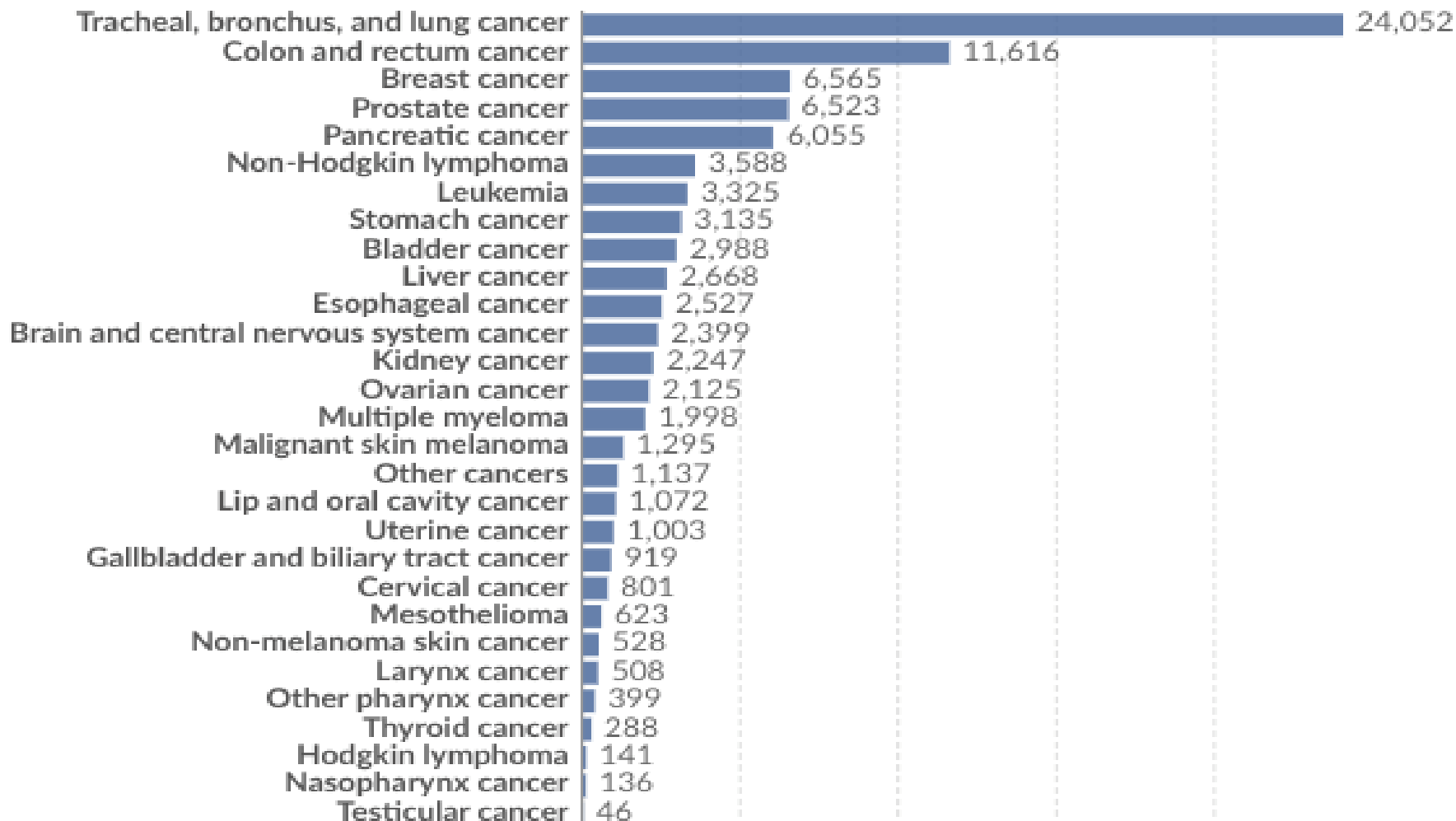


Cancer deaths by type, Canada, 2019

Total annual number of deaths from cancers across all ages and both sexes, broken down by cancer type.

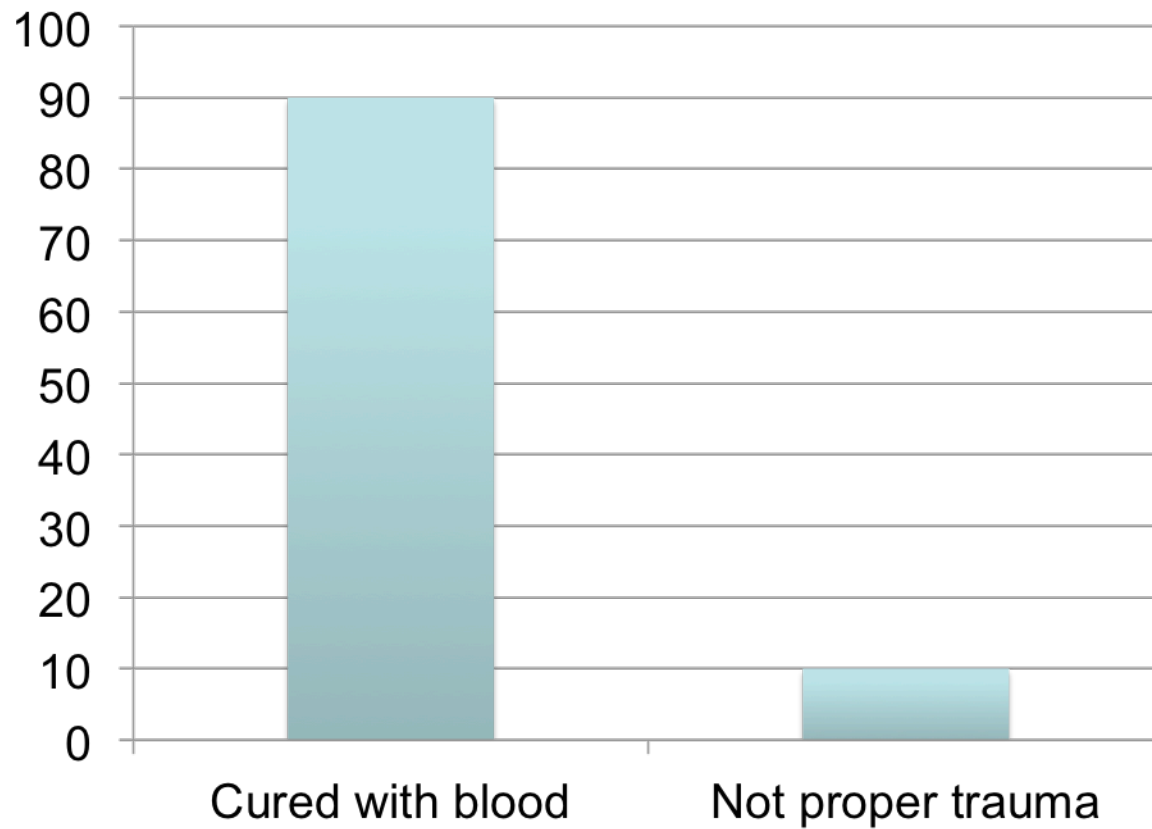
Table Chart

Change country or region



Trauma

■ % of cases



Trauma is not homogenous



EVIDENCE



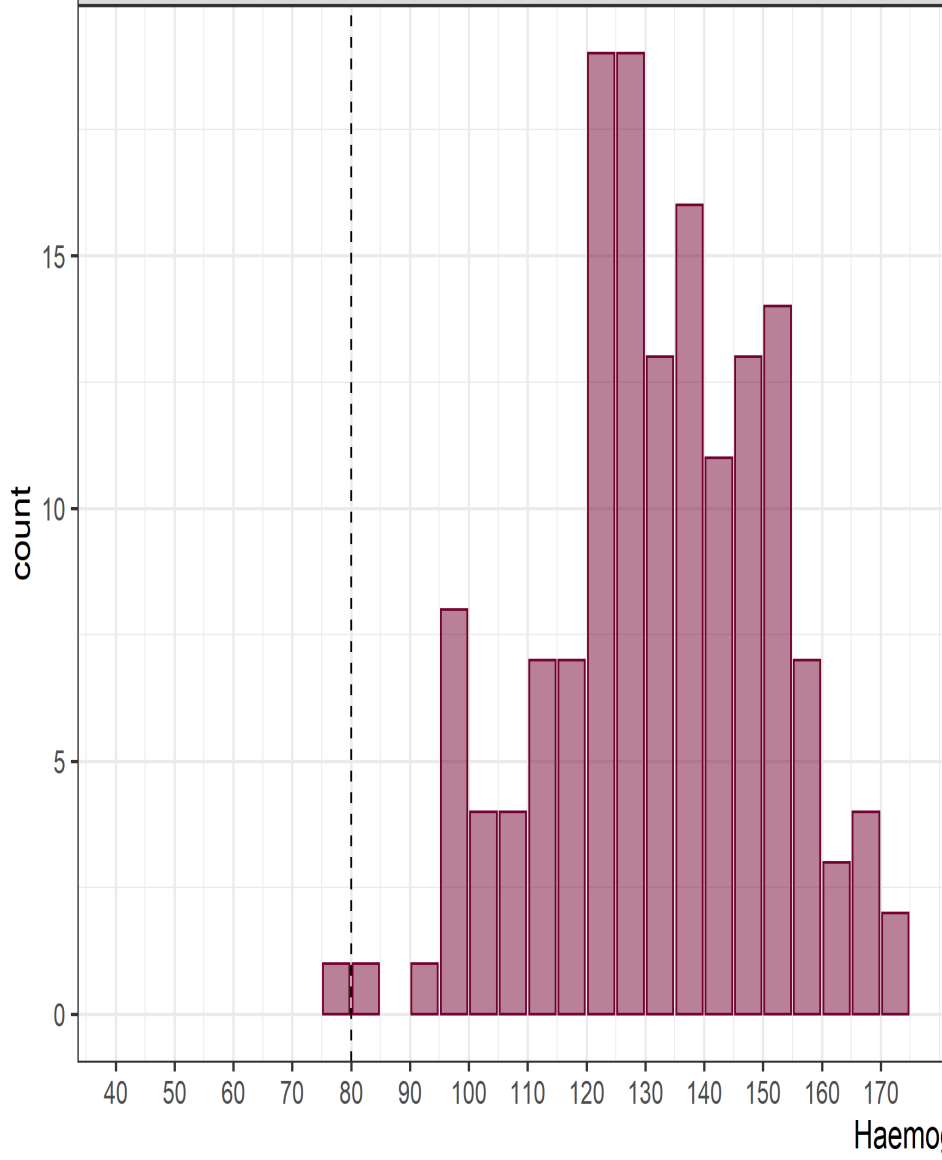


Headlines

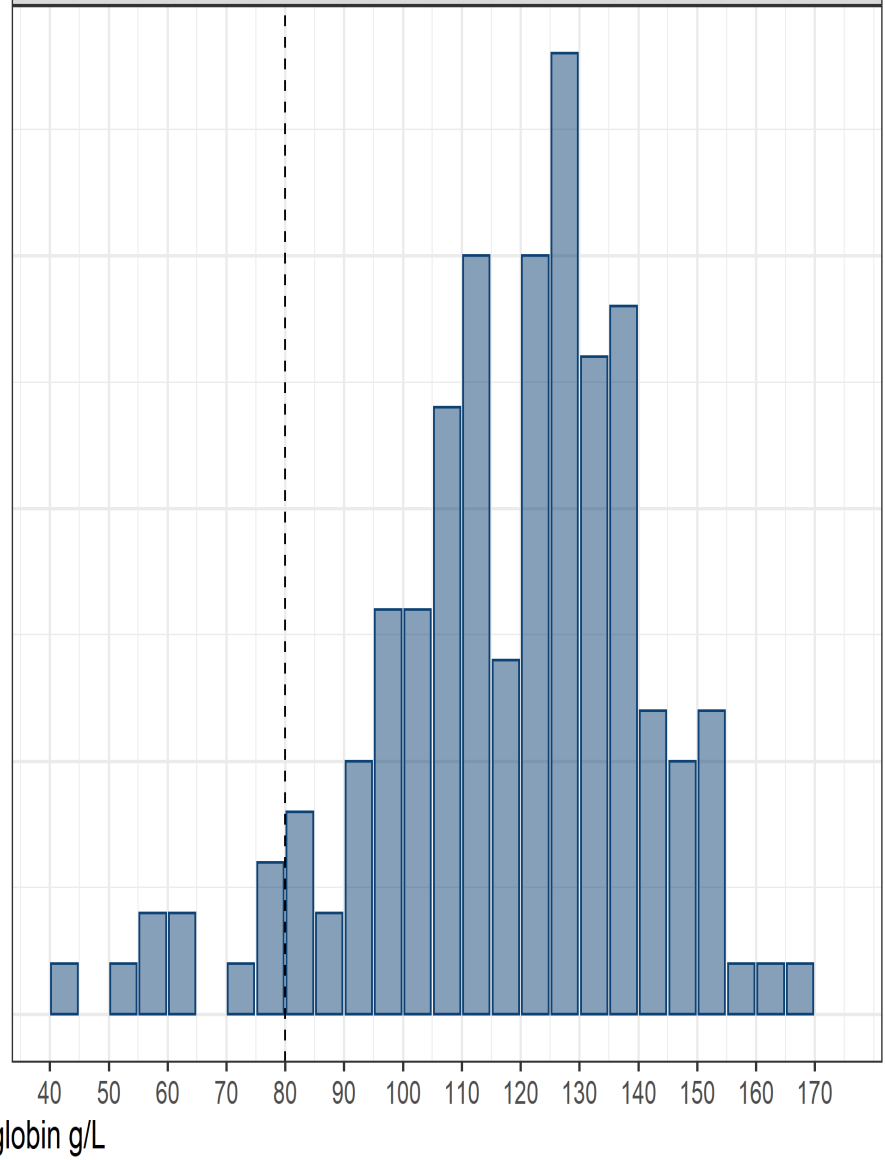
- No difference ($p=0.996$)
- Reduced 3 hour mortality ($p=0.08$)
- No overall mortality reduction ($p=0.44$)
- More transfusion in following 24h
- Higher arrival Hb

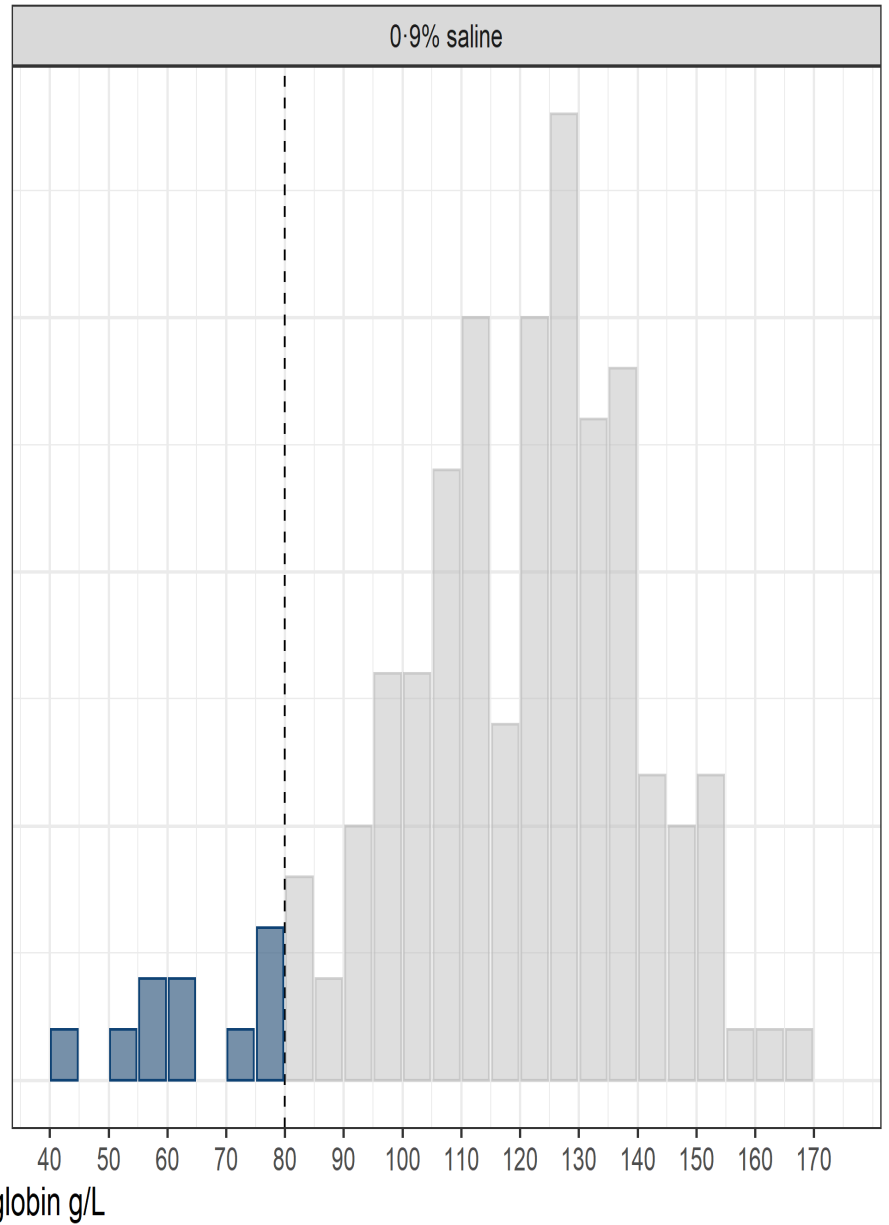
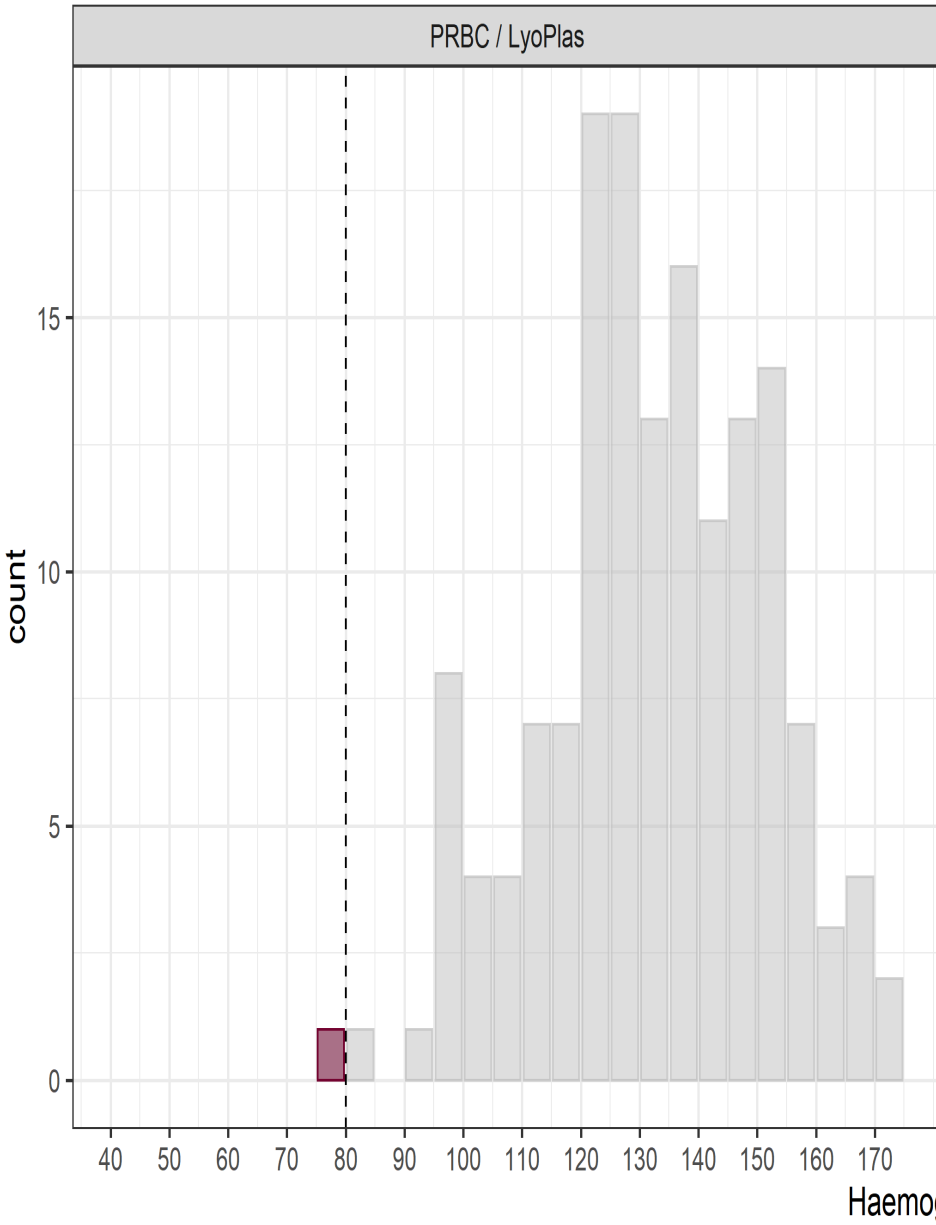


PRBC / LyoPlas



0.9% saline







Andrew D. Fisher @FisherAD1 · 13 Dec 2020

I'm still on a crusade to eliminate #pastawater resuscitation in hemorrhagic shock.



“Pasta Water”

Sodium 154 mmol/L
Chloride 154 mmol/L



Crombie's Magic Resuscitation Fluid

pCO₂ 79 mmHg

Bicarbonate 11.1 mmol/L

Base Excess 29.2 mmol/L

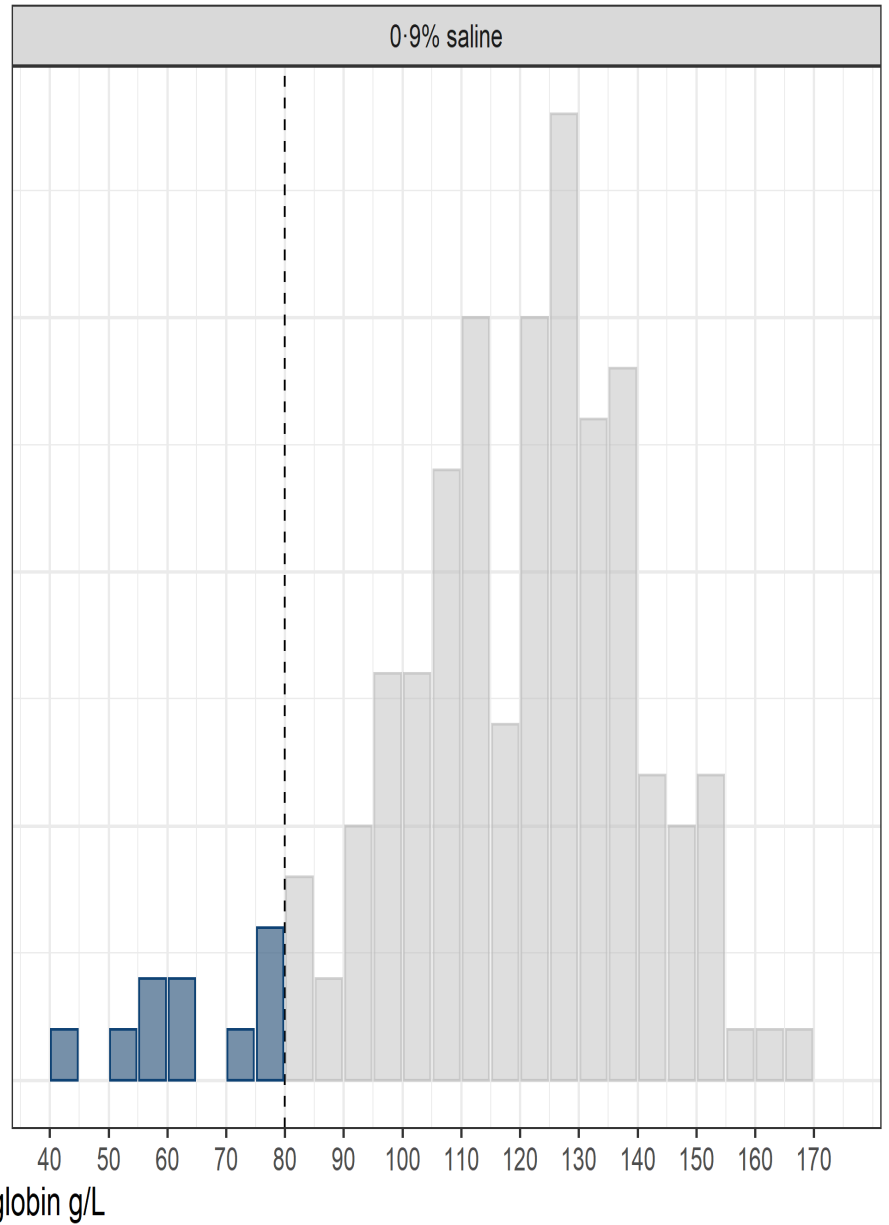
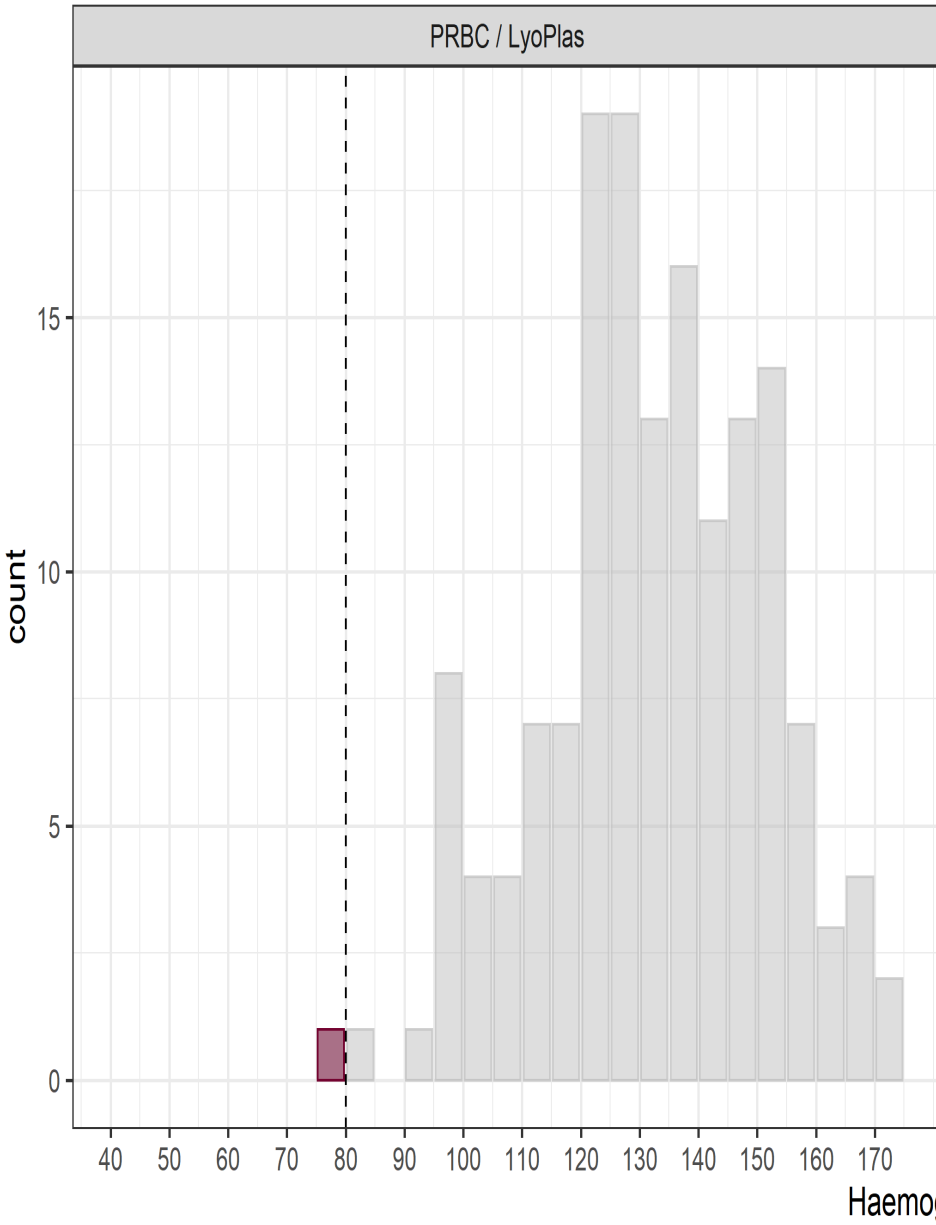
Potassium 20.5 mmol/L

Sodium 126 mmol/L

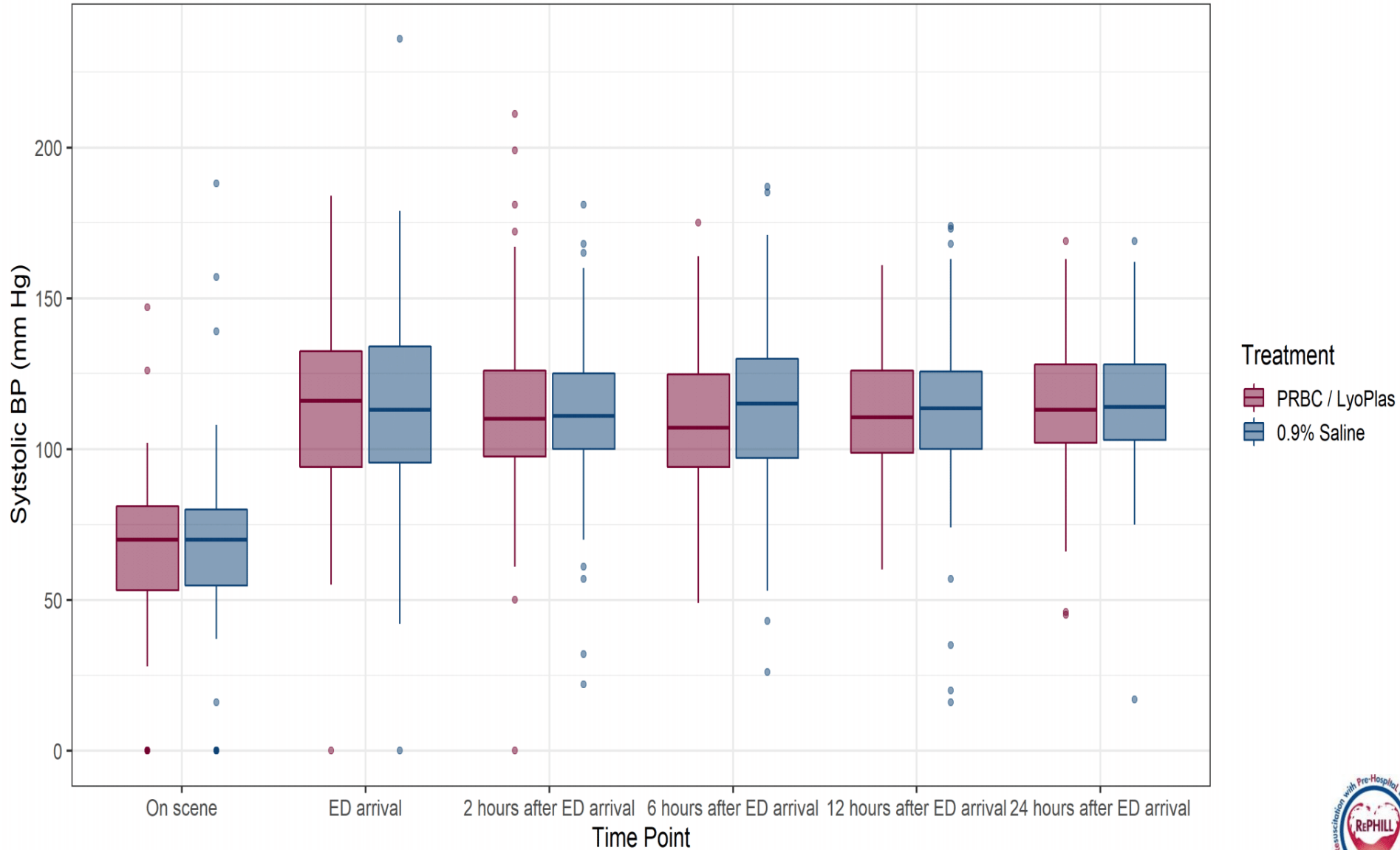
Glucose 24.1 mmol/L

Lactic Acid 9.4 mmol/l

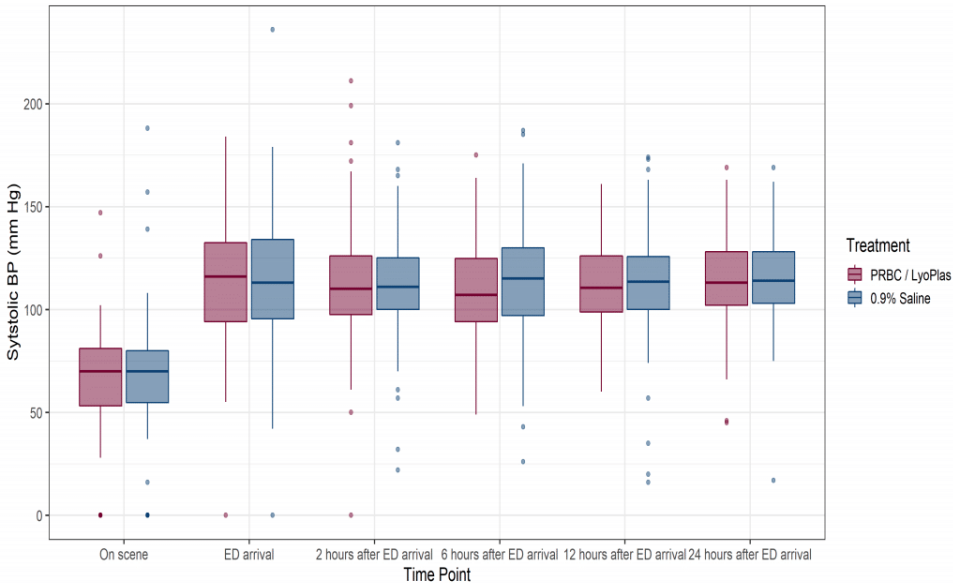




Physiology: Systolic Blood Pressure



Physiology: Systolic Blood Pressure



After arrival to 24h:


GROUP	PRC	Lyo
Saline	4.4	3.3
PRC/LYO	6.0	5.7

Pre-Randomisation: 438ml crystalloid and 1g TXA

Treatment : Blood products 710ml
or Saline 638ml

Original research | [Open access](#) | [Published: 14 August 2020](#)

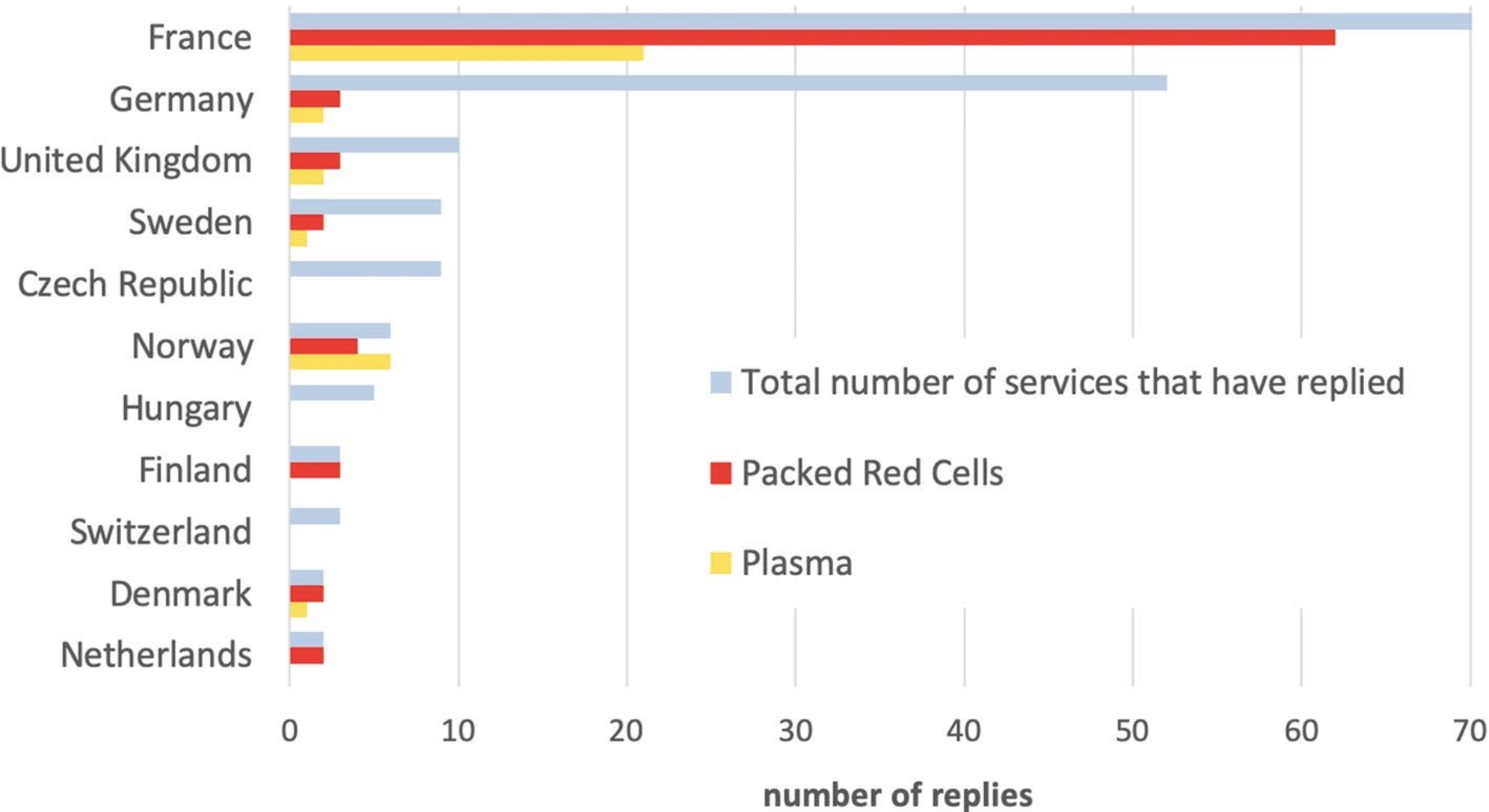
Pre-hospital blood transfusion – an ESA survey of European practice

[Karl-Christian Thies](#) , [Anatolij Truhlář](#), [Damian Keene](#), [Jochen Hinkelbein](#), [Kurt Rützler](#), [Luca Brazzi](#) & [Benoît Vivien](#)

Scandinavian Journal of Trauma, Resuscitation and Emergency Medicine **28**, Article number: 79 (2020) | [Cite this article](#)



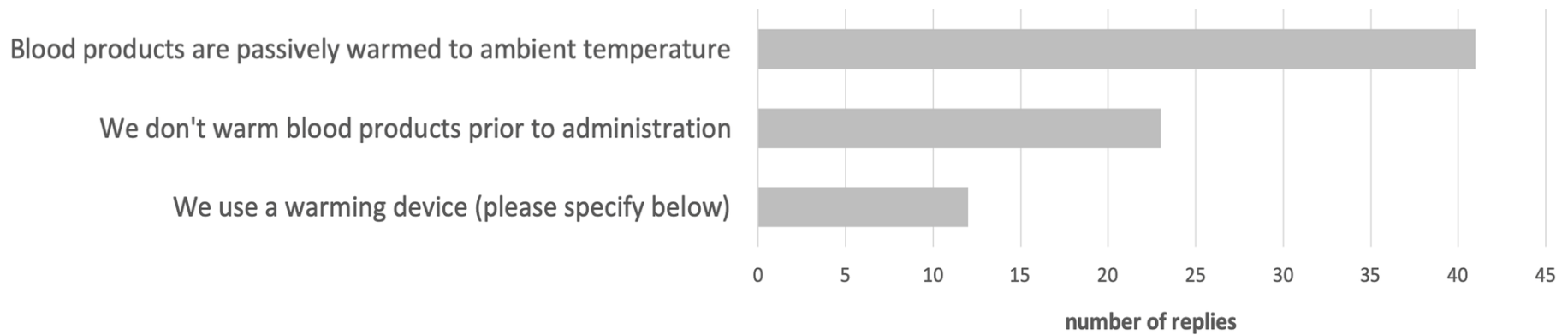
Use of Pre-hospital Blood Products



Overall 72% of the respondents have a formal pre-hospital transfusion policy, with only 38% of the services auditing their transfusion practice.

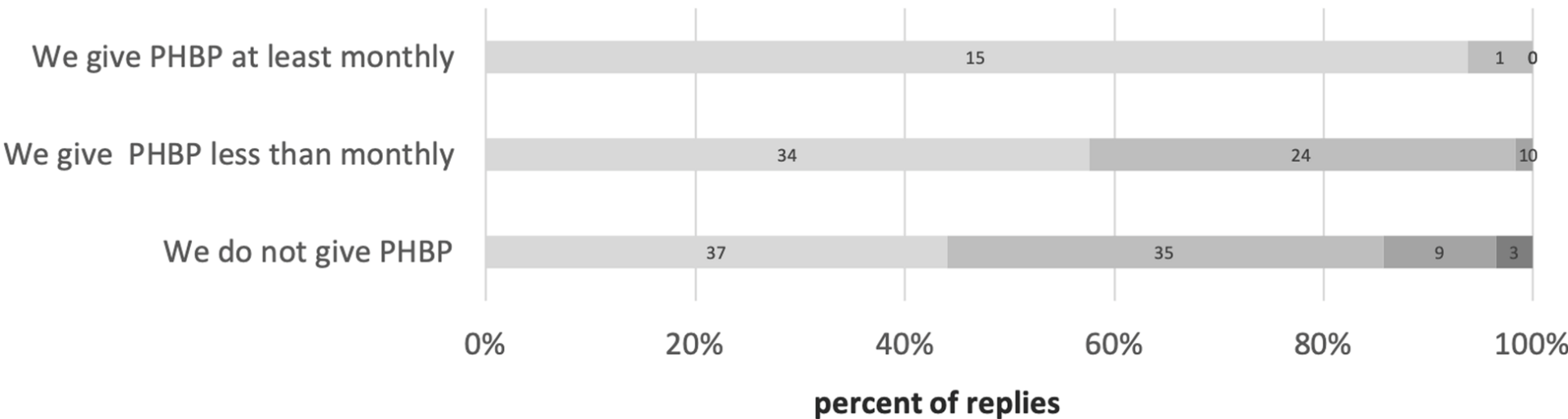


Which method of warming do you apply?



Perceived benefit of PHBP

■ beneficial ■ not sure ■ no effect ■ harmful



Bichot A, Pasquier P, Martinaud C, et al. Use of prehospital transfusion by French emergency medical services: A national survey. *Transfusion*. 2023;63 Suppl 3:S241-S248

- National SMUR survey
- 48% response
- Of this, 82% carry PHBP
 - 100% RBC, 27% FFP, 7% lyoplas
- No temp monitoring in 52%
- 43% wastage



Objectives

- Where have we come from? ✓
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LTOWB

Review Article



Rebirth of the cool: the modern renaissance of low titer group O whole blood for treating massively bleeding civilian patients

Mark H. Yazer^{1,2}, Jansen N. Seheult¹, Andrew Beckett³, Darrell J. Triulzi^{1,2}, Philip C. Spinella⁴

¹Department of Pathology, University of Pittsburgh, Pittsburgh, PA, USA; ²Vitalant, Pittsburgh, PA, USA; ³Department of Surgery, University of Toronto, Toronto, Ontario, Canada; ⁴Department of Pediatrics, Division of Critical Care Medicine, Washington University in St Louis, St Louis, MO, USA



PRODUCT	VOLUME OF ADDITIVE SOLUTION (ml)
Plasma	48
Packed Red Cells	118
Apheresis Platelet	35
Whole Blood	70

10 units of RBC, 10 units FFP, 5u Platelets –
1835 ml of citrate, dextrose, phosphate, anticoagulant

10 units of LTOWB –
700 ml of citrate, dextrose, phosphate, anticoagulant



Advantages of Whole Blood

- Simplifies the logistics of the resuscitation by providing a balanced resuscitation fluid in one bag instead of three
- More concentrated product compared to reconstituting whole blood with conventional components
- Provides cold stored platelets that have improved in vitro and perhaps in vivo hemostatic function compared to room temperature platelets in this patient population
- Provides for a longer shelf life for stored platelets compared to room temperature storage
- Provides for the availability of platelets where they might otherwise not have been available
- Reduces the bacterial contamination rate of a platelet-containing product
- Reduces the incidence of ABO mis-transfusion during the resuscitation
- Reduces donor exposures



Clinical Trial > [Transfusion](#). 2020 Jul;60(7):1544-1551. doi: 10.1111/trf.15802.

Epub 2020 Apr 22.

Cold-stored whole blood in a Norwegian emergency helicopter service: an observational study on storage conditions and product quality

Christopher Bjerkvig^{1 2 3}, Joar Sivertsen⁴, Hanne Braathen⁴, Turid Helen Felli Lunde⁴, Geir Strandenes^{4 5}, Jörg Assmus⁶, Tor Hervig^{3 4}, Andrew Cap⁷, Einar K Kristoffersen^{3 4}, Theodor Fosse^{1 2 3}, Torunn Oveland Apelseth^{4 8}

Affiliations + expand

PMID: 32319702 DOI: [10.1111/trf.15802](#)





Who

is a person



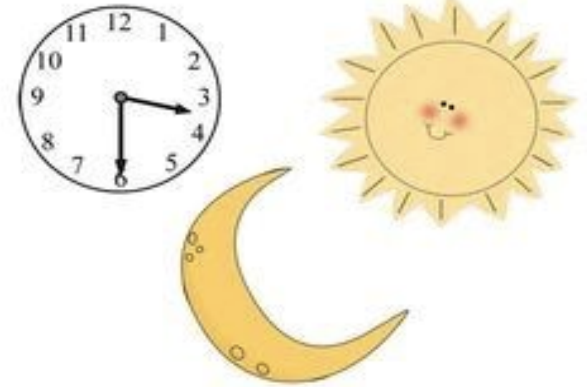
What

is a thing or an action



When

is a time



Where

is a place



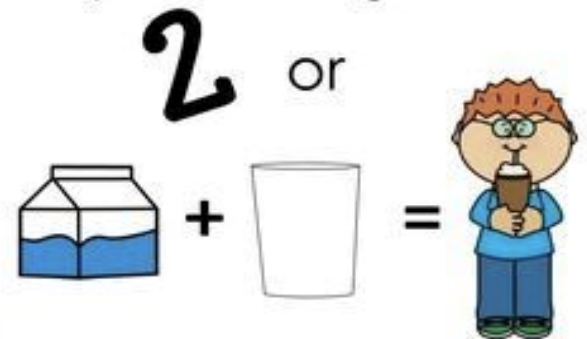
Why

is the reason something happened



How

is a number, or the way something is done



Suggestions

- Who – HypoVOLAEMIC patients
- Why – Ongoing bleeding
- Where – En route
- When – Signs of poor end organ perfusion
- What – LTOWB
 - Plasma with PRC to target Hb
- How – Warmed and controlled rate



