DRAFT

**C1 Esterase Inhibitor (Berinert®) Travel Letter**

**Re: Required medical supplies for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date of birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**To whom it may concern:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ has a chronic medical condition called Hereditary Angioedema (HAE). HAE is a rare inherited disease that can cause considerable swelling in various body tissues. People with HAE are missing a blood protein called C1 esterase inhibitor (C1-INH). When the body’s need for C1-INH overwhelms its ability to keep up with demand, a sudden attack can occur. Provision of C1 Esterase Inhibitor is required. First choice is to use a blood product called C1 Esterase Inhibitor (Berinert®) to treat and/or prevent HAE attacks.

Patients may need to take this medication and the equipment required to self-administer it with them when traveling. This product must be kept at a controlled temperature and the following items will need to be carried onto the airplane by the above name individual”

* Berinert® vials
* Syringes
* Needles
* Administration sets
* Alcohol swabs
* Gauze and tape
* A container and possible gel packs (required to keep Berinert® and other medications at the correct temperature during travel)

Yours sincerely,

**Immunologist or Transfusion Medicine Director**

If additional information is required, please contact the Blood Transfusion Laboratory at London Health Sciences Centre (519-685-8292)